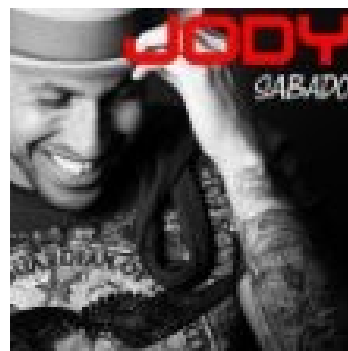


Sabado Senor



Choreographed by Tony Wilson, USA , 9th August 2012

For the Delaware Diamond Dancers

email: tonyukw@juno.com www.tucsondancer.com

1 wall 32 count, Beginner Samba style line dance
for 1 wall demonstration teams

Music: Sabado by Jody Bernal, 94 BPM

\$0 .99 download available on iTunes and Amazon

Start on vocals

The dance is adapted from my SABADO 4 wall line dance

SNAKE ROLLS R&L, SIDE TOG. SIDE TOUCH

1 Step R to right...*arms above head hands with palms together up to right L hip to left L shoulder up*

&2 *Arms above head hands together to left R hip to right R shoulder up, ... shift weight to L*

&3 *Arms above head hands together to right L hip to left L shoulder up, ... shift weight to R*

&4 *Arms above head hands together to left R hip to right R shoulder up, ... shift weight to L*

& Drop hands to chest level

5 Step R to right...*L shoulder up L hip to left*

6 Step L next to R...*R shoulder up R hip to right,*

7 Step R to right...*L shoulder up L hip to left*

8 Touch L next to R...*R shoulder up R hip to right*

Counts 1-4... Hands, arms and body moving like a snake

SIDE TOG. SIDE TOUCH, 1/2 TURN 1/2 TURN LEFT

9 Step L to left...*R shoulder up R hip to right*

10 Step R next to L...*L shoulder up L hip to left*

11 Step L to left...*R shoulder up R hip to right*

12 Touch R next to L...*L shoulder up L hip to left*

13-14 Pivot 1/2 left...*R hip out as you turn*

15-16 Pivot 1/2 left...*R hip out as you turn*

Counts 1-16...Latin hips!

5-16 option...Hands lightly clenched, rolling at chest level

SAMBA STEPS R &L, CROSS SHUFFLE RLR SIDE SWAY

17&18 Cross R over L, recover on L, step R next to L

19&20 Cross L over R, recover on R, step L next to R

21&22 Cross R over L, step L slightly left, cross R over L

23-24 Step L to side *L hip to left*, step R to side *R hip to right*

SAMBA STEPS L&R, CROSS SHUFFLE LRL SIDE SWAY

25&26 Cross L over R, recover on R, step L next to R

27&28 Cross R over L, recover on L, step R next to L

29&30 Cross L over R, step R slightly right, cross L over R

31-32 Step R to right *R hip to right*, step L to left *L hip to left*

Start again

The dance ends on count 1 as you step R to right