

ON TRACK

Choreographed by Lana (Harvey) Wilson, 1/12/98, Tucson, AZ, keedance@juno.com
www.tucsondancer.com

2 Wall, 24 Count, Easy Intermediate Line Dance with alternating endings - 10 and 8 count

Music: Big Green 38, by Buckshot, 116 BPM (For other songs, see note at end)

Other: Cool Drink Of Water, Brooks and Dunn 114 BPM

Any Old Stretch Of Blacktop, Collin Raye, 118 BPM

Other polka or shuffle music about same tempo and up to 130 BPM

BASIC: 24 Counts

STOMP-BALL-STOMPS, BACK TOE STRUTS, STOMP

1& Stomp L forward on left diagonal, slide/step R instep next to L heel

2& Stomp L forward on left diagonal, slide/step R instep next to L heel

3& Stomp L forward on left diagonal, slide/step R instep next to L heel

4 Stomp down on L

5&6& Touch R toe back, drop R heel, touch L toe back drop L heel.

7&8 Touch R toe bac, drop R heel, stomp L slightly apart from R

Harder option for 5-7: Step back R, scoot back on R, Repeat on L and R

MOVING LEFT: TOES OUT, IN, OUT, IN; STOMP, KICK, CROSS, KICK, STOMP

9 Move L toe and R heel to left

10 Move L heel and R toe to left

11 Move L toe and R heel to left

12 Move L heel and R toe to left with feet parallel and toes straight forward

**Easier option on 9-12: Heels, toes, heels, toes (moving left)*

13-14 Stomp R by L, kick R forward

15&16 Hook R foot over L leg, kick R forward, stomp R slightly apart from L weight on R

MOVING RIGHT: TOES OUT, IN, OUT, IN; STOMP, KICK, STOMP, STOMP

17 Move L heel and R toe to right

18 Move L toe and R heel to right

19 Move L heel and R toe to right

20 Move L toe and R heel to right with feet parallel and toes straight forward

**Easier option on 17-20: Heels, toes, heels, toes (moving right)*

21-22 Stomp L next to R, kick L forward.

23-24 Stomp L beside R twice weight staying on R

ENDING A: MODIFIED 10 STEP

1-4 Touch L heel forward, step L next to R, touch R toe back stomp R beside L no weight

5-8 Touch R heel forward. Hook R foot across L leg, kick R forward. Stomp R next to L

9-10 Touch L forward, pivot 1/2 right on ball of R weight ends on R

ENDING B: FWD & BACK SHUFFLES TURNING 1/2 RIGHT

25&26 Shuffle forward LRL turning 1/8 to right side

27&28 Shuffle **back** RLR turning 1/8 to right side.

29-32 Repeat 25-28. You have now completed 1/2 turn right.

-

PATTERN FOR BIG GREEN 38 ONLY: Basic, A, Basic, A, Basic B,. Basic only. Repeat.

For other music: Do the 24 count basic and the shuffle ending (B) for a 32 count dance.