

Lost My Heart

Choreographed by Lana Wilson 3-08, Tucson, AZ USA

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32 Count, 4 Wall, Advanced Beginner Line Dance

Music: Lost My Heart In Oklahoma, Kevin Fowler, 136 bpm,

CD: One For The Road, 16 intro, starts just before vocals

HEEL STRUTS, ROCKING CHAIR

1-2 Touch R heel forward, drop R toe taking weight on R

3-4 Touch L heel forward, drop L toe taking weight on L

5-6 Rock forward on R, recover back on L

7-8 Rock back on R, recover forward on L

HEEL STRUTS, 1/4 TURN JAZZ BOX WITH BRUSH

9-10 Touch R heel forward, drop R toe taking weight on R

11-12 Touch L heel forward, drop L toe taking weight on L

13-14 Cross step R over L, step back on L

15-16 Turn 1/4 right stepping R to right, brush L across R (3:00)

WEAVE, CROSS ROCK, RECOVER, 1/4 TURN SHUFFLE

17-18 Step L across R, step R to right side

19-20 Step L behind R, step R to right side

21-22 Cross rock L over R, recover back on R

23&24 Shuffle LRL turning 1/4 left (12:00)

1/4 TURN SHUFFLE, BACK ROCK, RECOVER, VINE, STOMP

25&26 Shuffle RLR turning 1/4 left (9:00)

27-28 Rock back on L behind R, recover forward on R

29-30 Step L to left, step R behind L

31-32 Step L to left, stomp R beside L no weight

Harder option: Do full REVERSE rolling turn moving to left side:

29-32 Turn 1/4 right stepping L back, turn 1/4 right stepping R to right

Turn 1/2 right stepping L to left side, stomp R beside L no weight

Begin Again

Ending: On last pattern (13th), facing 12:00: Dance first 16 counts but leave the 1/4 turn off on the jazz box to finish facing the front wall.

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