

Hoist 'Em Up

Choreographed October 20, 2000 by

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32 count, 2 wall, advanced beginner, easy intermediate line dance

Music: Sloop John B, Beach Boys, 125 BPM, Stars And Stripes CD,
Start after 12 counts on vocals

Teach: Leaving Of Liverpool, Showband Show, 94 BPM, Tradition Lives On CD

SAILOR STEPS, 1/2 PIVOTS

1&2 Step R behind L, step L to left side, step R next to L

3&4 Step L behind R, step R to right side, step L next to R

5.6 Step R forward, pivot 1/2 left weight ending on L

7.8 Step R forward, pivot 1/2 left weight ending on L

STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FWD

1.2 Stomp R forward, hold and clap

3.4 Stomp L forward, hold and clap

5.6 Touch R heel forward, touch R toe back

7.8 Shuffle forward RLR

1/4 PIVOT, CROSS SHUFFLE, 1/4 TURN , FWD LOCK STEP

1-2 Step forward on L, pivot 1/4 right weight ending on R

3&4 Cross step L over R, step R slightly to right, cross step L over R

5 Turn 1/4 left stepping R back

6 Rock back on L (*you are now facing wall 1 with body angled left*)

7&8 Step R forward, lock L behind R, step R forward

HEEL, TOE 1/2 TURN, SHUFFLE FWD, STOMP, CLAP, STOMP, CLAP

1-2 Touch L heel forward, touch L toe back

& Pivot 1/2 left on ball of R

3&4 Shuffle forward LRL

5-6 Stomp R forward, hold and clap

7-8 Stomp L forward, hold and clap

Start Again