Getting Out Of Birmingham

Choreographed by Lana Harvey Wilson, 6-30-02, <u>keedance@juno.com</u> (520)797-7295,

32 Count, 4 Wall Advanced Beginner Line Dance

Music: Birmingham, Scooter Lee, 85 BPM, Steppin' Out CD

Teach: Wrong Side Of Memphis, Trisha Yearwood, 72 BPM, Hearts In Armor CD (1/2 tempo)

FWD ROCK, RECOVER, BACK COASTER, HIP BUMPS

- 1.2 Rock forward on R, recover back on L
- 3&4 Step back on R, step L next to R, step forward on R
- 5.6 Stepping slightly forward on L bump hips left, right
- 7&8 Bump hips left, right, left, weight ending on L

FWD ROCK, BACK COASTER, ½ PIVOT, SHUFFLE

9.10 Rock forward on R, recover back on L

11&12Step back on R, step L next to R, step forward on R

13.14 Step L forward, pivot ½ right weight ending on R

15&16 Shuffle forward LRL

HEEL, TOE, SHUFFLE, HEEL, TOE, 1/4 PIVOT

17.18 Touch R heel forward, touch R toe back

19&20 Shuffle forward RLR

21.22 Touch L heel forward, touch L toe back

23.24 Step L forward, pivot ¼ right weight ending on R

CROSS ROCK, RECOVER, SIDE SHUFFLE, BACK, DRAG, WALK FWD

25.26 Cross rock L over R, recover back on R

27&28 Shuffle LRL to left side

29.30 Take a long step back on R, drag L back to R putting weight on it

31.32 Step R forward, step L forward

Begin again

Choreographer Note: I love the song and Jo Thompson's dance, Birmingham, But we needed an easier dance for some of our dancers. So I decided to write one. It should go with many other songs as well.