

Carefree Waltz

Choreographed by Lana Harvey, Tucson, AZ, USA, 7-26-99, (520) 797-7295
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48-count, 2-wall, intermediate waltz line dance

Music: **Captured, Rick Tippe, CD: Shiver And Shake, 98 bpm, 24 intro, **Dancer's favorite
Take It Easy On Yourself, Don Williams, 99 bpm, CD: I Turn The Page , 24 intro

CROSS, 1/4 TURN, 1/4 TURN, CROSS, 1/4 TURN, 1/4 TURN

- 1 Cross step L over R turning toe to left in preparation for turn
- 2-3 Step R back turning 1/4 left, turning another 1/4 left, step L to left
- 4 Cross step R over L turning toe to right in preparation for turn
- 5-6 Step L back turning 1/4 right, turning another 1/4 right, step R to right

FWD ROCK, RECOVER, 1/2 TURN, FWD, ROCK, RECOVER, CLOSE

- 7-8 Rock forward on L, recover on R starting 1/2 turn left
- 9 Step forward on L finishing 1/2 turn left
- 10-12 Rock forward on R, recover on L, step R beside L

CROSS, 1/4 TURN, 1/4 TURN, CROSS, 1/4 TURN, 1/4 TURN

- 13 Cross step L over R turning toe to left in preparation for turn
- 14-15 Step R back turning 1/4 left, turning another 1/4 left, step L to left
- 16 Cross step R over L turning toe to right in preparation for turn
- 17-18 Step L back turning 1/4 right, turning another 1/4 right, step R to right

FWD ROCK, BACK, 1/2 TURN, BASIC WALTZ FWD

- 19-20 Rock forward on L, recover on R starting 1/2 turn left
- 21 Step forward on L finishing 1/2 turn left
- 22-24 Waltz forward R, L, R

STEP FWD , SWEEP FWD & ACROSS, CROSS, BACK, BACK

- 25-27 Step forward on L, sweep R toe forward and across in front of L
(Option: slow R leg swing forward and across L. Take full 2 counts on sweep or swing)
- 28-30 Step R across L, step back L, step back R

CROSS-BACK-BACK, CROSS-BACK-BACK WITH 1/4 TURN

- 31-33 Step L across R, step back R, step back L
- 34-36 Step R across L starting 1/4 turn right, step back L, step back R finishing 1/4 turn right

FWD, HOLD, CLOSE, FWD, 1/2 PIVOT & STEP

- 37-39 Step fwd L, hold 1 count, step R next to L,
- 40-42 Step fwd L, step forward R pivoting 1/2 left, step L in place

FWD, 1/2 PIVOT & STEP, FWD, 1/4 PIVOT

- 43-45 Step fwd R, step forward L pivoting 1/2 R, step R in place
- 46-48 Step fwd L, hold 1 count, Pivot 1/4 right on balls of both feet shifting weight to R

Begin again.

Music Notes:

When using Don Williams, end with R crossed (34). Hold.

For Rick Tippe, follow music slowing at end on 24-30, ending with L crossed (31). Hold.