

Backslidin'

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4 Wall, 32 Count Line Dance

Music: Teach: Draggin' My Heart Around, Travis Tritt 96 BPM

Dance: I Like It, I Love It, Tim McGraw 126 BPM

Hot To Molly, Mila Mason 126 BPM

FOWD LOCK, BACK SLIDES

1-2 Step forward on L, step R forward and to outside of L

3-4 Step forward on L, touch R heel next to L instep

You will be moving forward and slightly left on 1-3.

5& Step back on R, slide L back next to R with weight

6& Step back on R, slide L back next to R with weight

7& Step back on R, slide L back next to R with weight

8 Step back on R

Note: You will be moving back and slightly right on 5-8.

FULL TURNS LEFT AND RIGHT

9 Step L 1/4 left

10&11 Shuffle RLR turning 3/4 left. *You have now done a full turn left.*

12 Step L next to R

13 Step R 1/4 turn right

14&15 Shuffle LRL turning 3/4 right. *You have now done a full turn right.*

16 Step R next to L

STEP, KICK-BALL CHANGE, KICK, CROSS, KICK, CROSS, BACK

17 Step forward on L

18&19 Kick R forward, step ball of R next to L, step L next to R

20 Kick R forward

21-22 Cross R over L, kick L forward at slight angle left

23 Cross L over R, step back on R

HIP BUMPS

25-26 Step L forward angled 45 right bumping hips left twice

27-28 Bump hips right twice

29 Step back on L body angled 45 left, step R parallel to L and slightly apart

30 Step RIGHT parallel to LEFT slightly apart.

31-32 Bump hips right twice

Begin Again

Note: As you start the dance over, step forward another 45 degrees left to face new wall one quarter turn to left.