

ALABAMA GIRL

Choreographed by Lana Harvey Wilson, March 26, 2001, Tucson, AZ, USA,
(520) 797-7295), keedance@juno.com

32 Count, 2 Wall, Advanced Beginner Line Dance

Music: **Alabama Country Girl, George Lee & The Crazed Cowboys, 157 BPM

Teach: Even If I Tried, Emilio, 116 BPM

Other: Honeycomb, Gary Morris, 126 BPM, Greatest Hits CD

**No One Needs To Know, Shania Twain, 135 BPM

Brown Eyed Girl, John Anderson, 147 BPM, Takin' the Country Back CD

Barefootin', Alabama, 152 BPM, Southern Star CD

Fast: **Lovin' All Night, Rodney Crowell, 178 BPM, Greatest Hits

FWD HEEL-TOE STRUTS, WALK, WALK, HEEL-TOE STRUT

1-2 Touch R heel forward, drop right toe taking weight on R

3-4 Touch L heel forward, drop left toe taking weight on L

5-6 Step R forward, step L forward

7-8 Touch R heel forward, drop right toe taking weight on R

CHARLESTON, STEP, KICK, CROSS, CLAP

9-10 Step L forward, kick R forward

11-12 Step R back, touch L toe back

13-14 Step L forward, kick R forward

15-16 Cross step R over L, hold and clap

TOE HEELS BACK, FAN 1/4 TURN

17-18 Touch L toe back, drop L heel taking weight on L

19-20 Touch R toe back, drop R heel taking weight on R

21-22 Touch L toe back, drop L heel taking weight on L

23-24 Touch R heel next to L, fan R toes to right taking weight on R

VINE, SCUFF, 1/4 TURN JAZZ SQUARE

25-26 Step L to left, cross step R behind L

27-28 Step L to left, scuff R forward and across in front of L

29-30 Cross step R over L, step back on L

31-32 Step R 1/4 turn right, step L next to R

Begin again

Note: This was written to be a beginner dance but by varying the speed, it is a fun dance for other dancers as well. Add your own variations and enjoy!

**Favorite tracks for the dance. Shania track works well for beginners.....